

GOKUL AYURVEDIC COLLEGE SIDDHPUR

(AFFILIATED TO GOKUL GLOBAL UNIVERSITY, & Permitted by CCIM, MINISTRY OF AYUSH)
Email – dean.col.ayu@gokuluniversity.ac.in. Website – www.gokuluniversity.ac.in



PROGRESS REPORT 2021-22

Continuous Evaluation System

Gokul Ayurvedic College since its inception is deeply concentrating upon the escalation of academic standards which would fulfil dreams of students and parents who entrust upon our institution. In parallel to academic progress key importance is also given to development of hospital. It is crucial for students to have an exemplary practical path to affirm the theoretical aspects of indigenous system of medicine. Our vision is to groom our students with sound theoretical knowledge with adept practical skills. It is fulfilled by the amalgamation of slew of co-curricular activities along with main stream learning process.

> INTERNAL ASSESSMENT EXAMINATIONS:

Internal assessment examinations are being conducted in every three months to make students update with the syllabus. Prior to university examinations, periodic internal tests build up confidence in students. During the eruption of pandemic last year and subsequent lockdown internal examinations were conducted online.

> SURPRISE TESTS

Surprise tests find its own way to mould students to beat the unexpected. It helps students to improve writing and presentation skills as they are bound to attempt the test extemporaneously. Teaching staffs used to conduct surprise tests keeping the strategy of bringing the best out of students.

> ENCOURAGEMENT FOR INTERCOLLEGE QUIZ COMPETITIONS

Students are encouraged well to take part in inter-college quiz competitions to reinforce their knowledge. The menace of pandemic has curtailed many of such activities which are being conducted in physical platform. Hence they are encouraged to participate in such competitions which take place in virtual platform.

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After resumption of classes in physical mode we are organizing such quiz competitions in college level as well to encourage the students.

➤ POSTER COMPETITIONS

Poster competitions are part of every 'day celebrations' which include International Women's day, World Cancer Day, World AIDS Day, etc. The competition is intended not only to gauge the creative skills but also to empower the students with aspects of health awareness, social justice, etc.

➤ FOOD PREPARATION COMPETITION (Ayur food festival)

Food is an integral component for sustainment of our life. Moreover Ayurveda is giving importance to healthy food for preservation of our health and eradication of diseases. Students are given opportunity to find the healthy recipes from Ayurvedic classics and they are allowed to incorporate the healthy tips of Ayurveda to bring out a healthy food preparations. Assessment is done to evaluate the healthy food preparations.

➤ SHLOKA IDENTIFICATION COMPETITION

Plethora of Sanskrit Shlokas beautifies the classical literatures of Ayurveda. In order to make the students more familiar with classical literatures they are encouraged to identify a particular Shloka from already covered topics. This is a competition usually conducted in class level.

➤ DEBATE COMPETITIONS

Debates are usually conducted during special occasions such as culture day celebrations, Independence day, Republic day, on the eve of National festivals and also during auspicious days such as Dhanvantari Jayanti, Charaka Jayanti. The purpose of debate competition is to have a healthy discussion and their by enhancing the knowledge of both participants and audience. This goes parallel to *Tadvidyasambhasha*.

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> SAMHITA PATHANA

Samhita Pathana is part of daily class and students are actively participating in the same prior to commencement of college hours or during Samhita lectures. First Prof.BAMS and Second Prof. BAMS students are encouraged to read Ashtanga Hridaya Sootrasthana and Charaka Samhita Poorvardha respectively under the guidance of lecturers from the Department of Samhita Siddhanta.

> MEDICINAL PLANT IDENTIFICATION COMPETITION

Identification of medicinal plants is crucial for students of Ayurveda. Along with Dravyaguna theory session students are exposed to herbal garden for getting familiar with medicinal plants. Department of Dravyaguna Vijnana shows special interest in scaling up students' skill in identification of medicinal plant by organizing 'Medicinal Plant Identification Competitions'. This helps in developing a positive attitude by students to spend a significant time in Herbal garden and to improve identification skills.

> PREPARED MEDICINE IDENTIFICATION COMPETITION

Students are regularly trained in teaching pharmacy to handle various preparations as per their 2nd Prof.BAMS Bhaishajya Kalpana syllabus. Developing the skill to identify the finished product helps in understanding a particular formulation with aid of physical parameters. This will also furnish the base for better understanding of the formulation with other parameters during their higher studies. Hence Department of Rasashastra and Bhaishajya Kalpana conducts competitions to identify prepared medicine to nurture interest of students in Pharmacy related tasks.

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CONDUCTION OF WEBINARS

➤ Webinar Series-2021

Webinars have proven to be important over the years to students

To surmount the academic deficit of students due to unprecedented lock down and suspension of regular classes due to COVID 19 pandemic outbreak a series of webinars were conducted besides the regular online classes by Faculty members of Gokul Ayurvedic College. Eminent Faculty members from various esteemed institutions (in and out the state) have delivered lectures which were based on syllabus of 1st Professional B.A.M.S. This virtual platform which is the need of the hour has profoundly encouraged our students to recuperate from the shortfall of regular classes in college.

Dr. Jayasheela Goni, delivered a lecture on Care of Patients, Dr. Sachin Deva delivered a lecture related to conditions related to Heart and a Guest lecture was also conducted On the topic Bed Side examination.

➤ TRANSITIONAL CURRICULUM-2021

(A Lecture series for Fresher B.A.M.S students to explore extensive dimensions of Ayurveda)

As instructed by Central Council of Indian Medicine (C.C.I.M) a series of 34 lectures were organized for newly joined 1st Professional B.A.M.S students. Due to the limitations rendered by the pandemic outbreak the lectures in the offline platforms were truncated into 9. Rest of all sessions were conducted in virtual platform.

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Details of Transitional Curriculum sessions:

SL.NO.	DATE	TIME	TOPIC	RESOURCE PERSON
35.	31.03.2021	11.00AM- 12.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor, Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
36.	31.03.2021	3.00PM- 4.00PM	Skill development	Dr Vedvyas J Dwivedi Hon. Vice Chancellor, GGU-S provost@gokuluniversity.ac.in
37.	01.04.2021	4.00PM- 5.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor, Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
38.	03.04.2021	11.00AM- 12.00PM	Time Management	Dr AparnaNandakumar Senior Research Fellow Pandu Project SGAM, Jamnagar aparnanandakumar08@gmail.com
39.	03.04.2021	4.00PM- 5.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor, Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
40.	04.04.2021	9.30AM- 11.00AM	“Essential moral values for success in life” (Motivational speech by	Dr.Ritesh Gujarathi AssociateProfessor, GJPIASR, Anand

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			eminent person of ASU)	drritesh00@gmail.com
41.	04.04.2021	4.00PM- 5.00PM	“Legacy of Ayurveda” (Lecture by eminent person from ASU)	Dr Anand Katti Associate Professor Department of Samhita Siddhanta GAMC, Bengaluru ayurvedananda@gmail.com
42.	05.04.2021	10.00AM- 11.00AM	Professional Medical ethics	Dr. Sachin Deva Associate Professor Department of Roga Nidana PIA, Vadodara dr.sachindev30@gmail.com
43.	05.04.2021	11.30AM- 1.00PM	Skills-Basic life support and First aid	Mr.RaviBarot Dean Gokul NursingCollege Siddhpur
44.	05.04.2021	2.00PM- 3.00PM	Importance of Diet in ASU	Dr.Sandhya Barad Assistant Professor Department of RSBK BGGAC,Rajkot sandhya.barad91@gmail.com
45.	05.04.2021	3.00PM- 4.00PM	Understanding the role of mentoring	Dr.Prashant Joshi Assistant Registrar GGU-S
46.	05.04.2021	4.00PM- 5.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor, Department of Samhita Siddhanta Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
47.	06.04.2021	10.00AM- 11.00AM	Personal health and Hygiene (Dinacharya)	Dr.Srinidhi Dhanya B.S Assistant Professor Department of Swasthavritta

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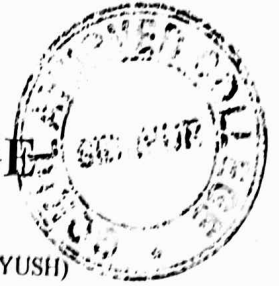
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				SDM College of Ayurveda Udupi Karnataka dhanya.bs@gmail.com
48.	06.04.2021	12.00PM- 1.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Department of Samhita Siddhanta Asst.Professor, Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
49.	06.04.2021	2.00PM- 3.00PM	Clinical Exposure-Clinical Case Study	Dr Abhay G Kanabar Associate Professor, Department of Panchakarma Bhargava Ayurved College, Anand drabhaykanabar@gmail.com
50.	07.04.2021	11.00AM- 12.30PM	Biomedical waste management	Dr. Sunil Joshi Dean GokulAyurvedic College Siddhpur dean.col.ayu@gokuluniversity.ac.in
51.	07.04.2021	2.00PM- 3.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Department of Samhita Siddhanta Asst.Professor, Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
52.	07.04.2021	3.30PM- 4.30PM	Recent advances in ASU	Dr.Dilip Jani Professor Department of Dravyaguna Govt. Ayurveda College, Vadodara drdilipjn@gmail.com drdilipjn@yahoo.com
53.	08.04.2021	10.00AM- 11.00AM	Yoga and Meditation	Dr.Abhaysingh J Patil Assistant Professor Department of Swasthavritta

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				BGGAC,Rajkot abhayp785@gmail.com
54.	08.04.2021	12.00PM- 1.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor, Department of Samhita Siddhanta Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
55.	08.04.2021	2.00PM- 3.00PM	Computer skills	Prof. Santosh Maheshwari HOD, Department of Computer Engineering HCET, Sidhpur
56.	08.04.2021	3.30PM- 4.30PM	Know regulatory bodies & statutory bodies & major AYUSH institutions	Dr.Vidyanand Mohan Assistant Professor Department of Samhita Siddhanta GokulAyurvedic College drvidyanandmohan@gmail.com
57.	09.04.2021	12.00PM- 1.00PM	Basics of Prakriti Pareeksha	Dr.Pooja Patil Assistant Professor Department of Kriya Shareera BGGAC,Rajkot poojapatil.com@gmail.com
58.	09.04.2021	2.00PM- 3.00PM	Vadatu Samskritam	Mr.Jaysinh Gohil Asst.Professor Department of Samhita Siddhanta Bhargava Ayurvedic College Anand jaysinghohel2323@gmail.com
59.	10.04.2021	2.00PM- 3.00PM	Clinical Exposure-Success Case Stories	Dr.Divya B Assistant Professor Department of Panchakarma PIAR, Vadodara dr.dvyadeva3@gmail.com
60.	11.04.2021	9.30AM-	Clinical Exposure-Clinical	Dr.Jasmine Gujarathi

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		11.00AM	experiences in Ayurvedic Prasooti Tantra and Stree Roga and future scope	Professor and Head Department of Prasooti Tantra and Streeroga GJPIASR, Anand jasmine.gujarathi@cvmu.edu.in jassyleo@gmail.com
61.	11.04.2021	4.00PM- 5.00PM	Vadatu Samskritam	Dr Pritesh Shukla Associate Professor, Department of Samhita Siddhanta GJPIASR, Anand priteshshukla196@gmail.com
62.	12.04.2021	12.00PM- 1.00PM	Vadatu Samskritam	Mr.Manjeet Vadher Asst.Professor Department of Samhita Siddhanta Gokul Ayurvedic College mmvadher.gavc@gokuluniversity.ac.in
63.	12.04.2021	2.00PM- 3.00PM	Biodiversity and ASU	Dr Anand S Asst Professor Department of Roga Nidana Global Institute of Ayurveda, Rajkot dranandpala@gmail.com
64.	13.04.2021	11.00AM- 12.00PM	Biodiversity and ASU	Dr Prasanth R Krishnan Associate Professor Department of Dravyaguna PIAR, Vadodara prasanth.r.krishnan@gmail.com
65.	14.04.2021	10.00AM- 11.00AM	Stress management and capacity building to address medical challenges	Dr.Raviprasad Hegde Associate Professor Department of Manovijnana Evam Manasaroga Alva's Ayurveda Medical College, Moodubidire, Karnataka raviprasadhegde@gmail.com

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66.	14.04.2021	11.30AM- 12.30PM	National Health Status, Goals & Policies	Dr Anand Vasant Pol Professor and Head Department of Roganidana Govt. Ayurved College, Vadodara dranandpol@gmail.com
67.	15.04.2021	11.00AM- 12.00PM	Vadatu Samskritam	Mr. Manjeet Vadher Asst. Professor Department of Samhita Siddhanta Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in
68.	16.04.2021	3.00PM- 4.00PM	Vadatu Samskritam	Mr. Manjeet Vadher Asst. Professor Department of Samhita Siddhanta Gokul Ayurvedic College mmvadher.gayc@gokuluniversity.ac.in

➤ WORLD BREAST FEEDING WEEK-2021

On the occasion of World Breast Feeding Week, Dr Sagar Bhide, Assistant Professor, Department of Kaumarabhritya, I.T.R.A Jamnagar has delivered a lecture on the topic 'MYTHS AND FACTS ABOUT BREAST FEEDING' on 06th August 2021.

➤ WORLD ORGAN DONATION DAY-2021

On the occasion of 'World Organ Donation Day', Dr. Murali Ranwa, Assistant Professor, Department of Rachana Shareer, Pandit Shivshakti Lal Sharma Ayurved Mahavidyalay Ratlam (MP) has delivered a lecture on the topic 'ORGAN DONATION-INCREIBLE DONATION' on 13th August 2021.

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➤ AZADI KA AMRUT MAHOTSAV

Azadi ka Amrit Mahotsava is an initiative by the Indian Government to commemorate 75 years of Indian Independence, It is dedicated to all the Indians having contributed to the evolutionary journey, fuelled by the Spirit of Atmanirbhar Bharat.

It commenced on 12th March 2021, a 75 week prelude, ending post a year on 15th August 2023.

Certain Programmes were conducted by Gokul Ayurvedic College in connection to Azadi ka Amrut Mahotsav.

1) Medicinal Plant

a) Cultivation:

Medicinal plants were cultivated in the University Premises in the month of August and September 2021 on the occasion of Azadi Ka Amrut Mahotsava.

b) Distribution of Medicinal Plants:

Seventy Five Medicinal Plants were distributed to the Public. The regional names and the importance of each medicinal plant were explained to the public.

c) Medicinal Plants awareness in school children:

Seventy five Medicinal Plants were distributed amongst School Children. The children were made to understand the importance of each medicinal plant. Health awareness to the students were also conducted. The science of Ayurveda, its importance in our day to day lives were also explained. The prevention of diseases was detailed.

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2) Free Health Check Up:

Free health Check Ups every Thursday were conducted in various places of Sidhpur. Nearly 10,600 patients were benefitted with the camp. The cases were diagnosed and medicines were distributed to the patients. Follow up of the patients were conducted at Gokul Ayurvedic College, Sidhpur. The camp schedule and camp photographs is available on college website.

3) Blood Donation:

Blood donation camps were organized by Gokul Ayurvedic Hospital. These camps were organized in the month of August 2021 and March 2022 in collaboration with Red Cross Society.

The camp aimed to encourage the youth to leap forward and donate blood.

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