



## PROGRESS REPORT 2023-24

### Continuous Evaluation System

Gokul Ayurvedic College since its inception is deeply concentrating upon the escalation of academic standards which would fulfil dreams of students and parents who entrust upon our institution. In parallel to academic progress key importance is also given to development of hospital. It is crucial for students to have an exemplary practical path to affirm the theoretical aspects of indigenous system of medicine. Our vision is to groom our students with sound theoretical knowledge with adept practical skills. It is fulfilled by the amalgamation of slew of co-curricular activities along with main stream learning process.

#### ➤ INTERNAL ASSESSMENT EXAMINATIONS:

Internal assessment examinations are being conducted in every three months to make students update with the syllabus. Prior to university examinations, periodic internal tests build up confidence in students. During the eruption of pandemic last year and subsequent lockdown internal examinations were conducted online.

#### ➤ SURPRISE TESTS

Surprise tests find its own way to mould students to beat the unexpected. It helps students to improve writing and presentation skills as they are bound to attempt the test extemporaneously. Teaching staffs used to conduct surprise tests keeping the strategy of bringing the best out of students.



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➤ **ENCOURAGEMENT FOR INTERCOLLEGE QUIZ COMPETITIONS**

Students are encouraged well to take part in inter-college quiz competitions to reinforce their knowledge. The menace of pandemic has curtailed many of such activities which are being conducted in physical platform. Hence they are encouraged to participate in such competitions which take place in virtual platform.

After resumption of classes in physical mode we are organizing such quiz competitions in college level as well to encourage the students.

➤ **POSTER COMPETITIONS**

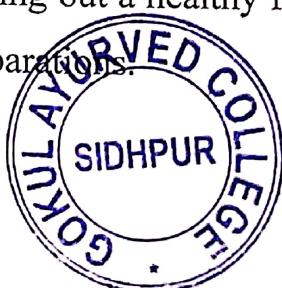
Poster competitions are part of every 'day celebrations' which include International Women's day, World Cancer Day, World AIDS Day, etc. The competition is intended not only to gauge the creative skills but also to empower the students with aspects of health awareness, social justice, etc.

➤ **FOOD PREPARATION COMPETITION (Ayur food festival)**

Food is an integral component for sustainment of our life. Moreover Ayurveda is giving importance to healthy food for preservation of our health, and eradication of diseases. Students are given opportunity to find the healthy recipes from Ayurvedic classics and they are allowed to incorporate the healthy tips of Ayurveda to bring out a healthy food preparations. Assessment is done to evaluate the healthy food preparations.



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### ➤ SHLOKA IDENTIFICATION COMPETITION

Plethora of Sanskrit Shlokas beautifies the classical literatures of Ayurveda. In order to make the students more familiar with classical literatures they are encouraged to identify a particular Shloka from already covered topics. This is a competition usually conducted in class level.

### ➤ DEBATE COMPETITIONS

Debates are usually conducted during special occasions such as culture day celebrations, Independence day, Republic day, on the eve of National festivals and also during auspicious days such as Dhanvantari Jayanti, Charaka Jayanti. The purpose of debate competition is to have a healthy discussion and thereby enhancing the knowledge of both participants and audience. This goes parallel to *Tadvidyasambhasha*.

### ➤ SAMHITA PATHANA

Samhita Pathana is part of daily class and students are actively participating in the same prior to commencement of college hours or during Samhita lectures. First Prof. BAMS and Second Prof. BAMS students are encouraged to read Ashtanga Hridaya Sootrasthana and Charaka Samhita Poorvvardha respectively under the guidance of lecturers from the Department of Samhita Siddhanta.



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➤ **MEDICINAL PLANT IDENTIFICATION COMPETITION**

Identification of medicinal plants is crucial for students of Ayurveda. Along with Dravyaguna theory session students are exposed to herbal garden for getting familiar with medicinal plants. Department of Dravyaguna Vijnana shows special interest in scaling up students' skill in identification of medicinal plant by organizing 'Medicinal Plant Identification Competitions'. This helps in developing a positive attitude by students to spend a significant time in Herbal garden and to improve identification skills.

➤ **PREPARED MEDICINE IDENTIFICATION COMPETITION**

Students are regularly trained in teaching pharmacy to handle various preparations as per their 2<sup>nd</sup> Prof.BAMS Bhaishajya Kalpana syllabus. Developing the skill to identify the finished product helps in understanding a particular formulation with aid of physical parameters. This will also furnish the base for better understanding of the formulation with other parameters during their higher studies. Hence Department of Rasashastra and Bhaishajya Kalpana conducts competitions to identify prepared medicine to nurture interest of students in Pharmacy related tasks.

**CONDUCTION OF WEBINARS**

➤ **Webinar Series-2024**

Webinars have proven to be important over the years to students

Eminent Faculty members from various esteemed institutions (in and out the state) have delivered lectures which were based on syllabus of all Professional B.A.M.S. This



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virtual platform which is the need of the hour has profoundly encouraged our students to recuperate from the shortfall of regular classes in college.

Dr. Jayasheela Goni, delivered a lecture on Care of Patients, Dr. Sachin Deva delivered a lecture related to conditions related to Heart and a Guest lecture was also conducted On the topic Bed Side examination.

#### ➤ TRANSITIONAL CURRICULUM-2023

(A Lecture series for Fresher B.A.M.S students to explore extensive dimensions of Ayurveda)

As instructed by National Council of Indian system of Medicine (NCISM) a series of 34 lectures were organized for newly joined 1<sup>st</sup> Professional B.A.M.S students. Due to the limitations rendered by the pandemic outbreak the lectures in the offline platforms were truncated into 9. Rest of all sessions were conducted in virtual platform.

#### ➤ **WORLD BREAST FEEDING WEEK-2024**

On the occasion of World Breast Feeding Week, Dr Sagar Bhinde, Assistant Professor, Department of Kaumarabhritya, I.T.R.A Jamnagar has delivered a lecture on the topic 'MYTHS AND FACTS ABOUT BREAST FEEDING' on **06th August 2024**.

#### ➤ **WORLD ORGAN DONATION DAY-2024**

On the occasion of 'World Organ Donation Day', Dr. Murali Ranwa, Assistant Professor, Department of Rachana Shareer, Pandit Shivshakti Lal Sharma Ayurved Mahavidyalay Ratlam (MP) has delivered a lecture on the topic 'ORGAN DONATION- INCREDIBLE DONATION' on **13th August 2024**.



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- Shri Deshmukh the starter of organ donation event Gujarat given the guest lecture to the students and explained the importance of organ donation with statistical data.
- The students of Gokul Ayurvedic college applied in SIX project in SPARK.

### Other programmes

Other programmes were is an initiative by colleges It is dedicated to all the Indians having contributed to the evolutionary journey.

Certain Programmes were conducted by Gokul Ayurvedic College in connection

#### 1} Medicinal Plant

##### A} Cultivation:

Medicinal plants were cultivated in the University Premises in the month

Medicinal Plants were cultivated in the university campus

##### B} Distribution of Medicinal Plants:

Seventy Five Medicinal Plants were distributed to the Public. The regional names and the importance of each medicinal plant were explained to the public.

##### C} Medicinal Plants awareness in school children:

Seventy five Medicinal Plants were distributed among School Children. The children were made to understand the importance of each medicinal plant. Health awareness to the students were also conducted. The science of Ayurveda, its importance in our day to day lives were also explained. The prevention of diseases was detailed.



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### 2} Free Health Check Up:

Free health Check Ups every Thursday were conducted in various places of Sidhpur. Nearly 15,700 patients were benefited with the camp. The cases were diagnosed and medicines were distributed to the patients. Follow up of the patients were conducted at Gokul Ayurvedic College, Sidhpur. The camp schedule and camp photographs is available on college website.

### 3} Blood Donation:

Blood donation camps were organized by Gokul Ayurvedic Hospital. These camps were organized in the month of August 2024 and March 2023 in collaboration with Red Cross Society.

The camp aimed to encourage the youth to leap forward and donate blood.

### Prakriti Pareekshan

Gokul ayurvedic college students were participated in Desh Ka har Nagarik Ka Prakruti Pareekshan very actively and performed good number of Prakruti Pareekshan.

### Teacher participation

Teachers are regularly updating the knowledge by participating in CME FDP programmes and also attending seminars webinars and workshops.

The faculty are very much keen in interest in writing papers and doing publications. Last AY faculty of Gokul Ayurveda college wrote two books with 20 chapters published book with ISBN number.



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Approved By Govt. of Gujarat  
(Recognized by UGC under Section 22 & 2(f) of 1956)  
(Gujarat Private State University Act 4 of 2018)

Totally 13 papers published in scopes journal while 10 published in review journals.

The Gokul Ayurvedic college got the appreciation award by Ministry of Health and family welfare Govt Of Gujarat on 26 JAN 2024 by the hand of Shri Rushikeshbhai Patel Cabinet Minister in a Government held function.

Five faculty were participated in WAC 2024 at Dehradun and three were selected for poster as well as oral presentation.

Last AY we Gokul Global University Receives the prestigious Ranking **NAAC A** in first cycle itself.



Principal  
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